



Clinical Reimbursement Guide

CPT Codes, Clinical Applications & Revenue Integration Framework

Executive Summary

Healthcare providers are continually looking for technologies that improve patient outcomes while integrating seamlessly into existing reimbursement models.

PureWave Technologies provides clinicians with advanced recovery and wellness technologies that can be incorporated into patient treatment plans across numerous specialties.

Although insurance companies generally **do not reimburse for purchasing medical equipment like PureWave devices**, providers may be reimbursed for medically necessary professional services performed while utilizing PureWave as part of an established treatment plan.

This guide identifies existing CPT codes that may align with treatment workflows utilizing PureWave technology when medically appropriate, properly documented, and performed within provider scope of practice.

Important Compliance Statement

PureWave does not guarantee reimbursement.

Coverage depends upon:

- Medical necessity
- Patient diagnosis
- Insurance carrier
- State regulations
- Provider credentials
- Documentation
- Individual payer policies

The provider bills for professional services not the PureWave equipment itself.



Clinical Specialties

PureWave fits naturally within:

- ✓ Chiropractic
- ✓ Physical Therapy
- ✓ Occupational Therapy
- ✓ Sports Medicine
- ✓ Orthopedics
- ✓ Physical Medicine & Rehabilitation
- ✓ Functional Medicine
- ✓ Integrative Medicine
- ✓ Pain Management
- ✓ Neurology
- ✓ Addiction Recovery
- ✓ Behavioral Health
- ✓ Concierge Medicine
- ✓ Veteran Healthcare
- ✓ Wellness Clinics

CHIROPRACTIC

Clinical Opportunity

Chiropractic physicians focus on restoring spinal alignment, improving joint mobility, reducing pain, enhancing nervous system function, and improving overall biomechanical performance. PureWave integrates naturally into chiropractic practices as an adjunctive recovery and neuromodulation technology that can be utilized before manual adjustments to help relax muscles and prepare tissues, or following treatment to support recovery, circulation, patient comfort, and overall treatment satisfaction.



Rather than replacing chiropractic care, PureWave enhances the patient's experience while complementing medically necessary therapeutic services that providers are already performing.

Commonly Billed CPT Codes

98940 – Chiropractic Manipulative Treatment (CMT)

Treatment: Manipulation of 1–2 spinal regions.

Typical Conditions:

- Cervical dysfunction
- Lumbar dysfunction
- Acute neck pain
- Low back pain
- Muscle spasm

PureWave Integration:

Use PureWave prior to manipulation to help reduce muscle guarding and improve patient relaxation, or immediately after treatment to support recovery and patient comfort.

98941 – Chiropractic Manipulative Treatment

Treatment: Manipulation of 3–4 spinal regions.

Frequently used for patients presenting with multi-region spinal dysfunction requiring a more comprehensive treatment approach.

98942 – Chiropractic Manipulative Treatment

Treatment: Manipulation of all five spinal regions.

Often utilized for chronic pain patients, complex biomechanical dysfunction, postural disorders, or whole-body spinal care.

98943 – Extraspinal Manipulation

Treatment: Manipulation of extremities.

Commonly performed for:

- Shoulders
- Hips



- Knees
- Ankles
- Wrists
- TMJ dysfunction

PureWave may be incorporated before or after extremity treatment to support soft tissue preparation and recovery.

97110 – Therapeutic Exercise

Purpose

Therapeutic Exercise is designed to improve:

- Muscular strength
- Range of motion
- Flexibility
- Endurance
- Core stability
- Functional mobility

Examples

- Resistance band exercises
- Core stabilization
- Stretching programs
- Postural strengthening
- Shoulder rehabilitation
- Lumbar stabilization

PureWave Integration

Patients often complete a PureWave session immediately prior to therapeutic exercise to reduce pain and muscle tension, allowing improved participation during active rehabilitation.

97112 – Neuromuscular Re-Education

One of the strongest reimbursement opportunities for PureWave integration.

Purpose

Restores communication between the nervous system and musculoskeletal system by improving:



- Balance
- Coordination
- Proprioception
- Motor control
- Gait
- Postural awareness
- Vestibular function

Common Conditions

- Chronic low back pain
- Neck instability
- Vertigo
- Fall risk
- Sports injuries
- Post-surgical recovery

PureWave Integration

Following a PureWave recovery session, patients frequently demonstrate improved relaxation and readiness to participate in skilled neuromuscular retraining.

97530 – Therapeutic Activities

Therapeutic Activities involve functional movement training designed to improve real-world performance.

Examples include:

- Lifting
- Carrying
- Squatting
- Stair climbing
- Walking
- Transitional movements
- Occupational activities

These services are frequently combined with chiropractic care to improve functional outcomes.

97140 – Manual Therapy

Manual Therapy includes:





- Joint mobilization
- Soft tissue mobilization
- Trigger point therapy
- Myofascial release
- Scar tissue mobilization
- Passive stretching

PureWave may be used immediately before manual therapy to help relax musculature or immediately after treatment to support recovery.

97010 – Hot/Cold Therapy

Often used as a preparatory or recovery modality alongside chiropractic treatment.

97032 – Electrical Stimulation (Attended)

Provider-administered electrical stimulation requiring direct one-on-one attendance.

G0283 – Electrical Stimulation (Unattended)

Frequently utilized depending upon payer policies and clinical necessity.

97035 – Therapeutic Ultrasound

Used to promote soft tissue healing and reduce inflammation.

97750 – Physical Performance Testing

Objective measurement of:

- Strength
- Balance
- Functional capacity
- Endurance
- Return-to-work readiness
- Return-to-sport readiness

Common ICD-10 Diagnoses

- M54.2 – Cervicalgia
- M54.50 – Low Back Pain
- M54.16 – Lumbar Radiculopathy



- M25.511 – Right Shoulder Pain
- M25.561 – Right Knee Pain
- M79.18 – Myalgia
- G89.29 – Other Chronic Pain
- M99.01–M99.08 – Segmental & Somatic Dysfunction

Typical Patient Workflow

Patient Evaluation



PureWave Session (Preparation)



Chiropractic Manipulation



Manual Therapy



Neuromuscular Re-Education



Therapeutic Exercise



Home Exercise Program



Follow-Up

Business Opportunity

Practices integrating PureWave into existing treatment workflows can enhance patient satisfaction, differentiate their services, improve perceived treatment value, and support



medically necessary rehabilitative care while continuing to bill for the professional services they are already providing.

PHYSICAL THERAPY

Clinical Opportunity

Physical therapists specialize in restoring movement, reducing pain, improving functional mobility, and helping patients return to daily activities, work, athletics, and independent living. PureWave fits naturally into rehabilitation programs by supporting patient preparation, recovery, relaxation, and participation in skilled therapeutic interventions.

Evaluation Codes

97161 – PT Evaluation (Low Complexity)

Comprehensive evaluation for patients with stable conditions and uncomplicated rehabilitation needs.

97162 – PT Evaluation (Moderate Complexity)

Evaluation for patients presenting with evolving conditions requiring moderate clinical decision-making.

97163 – PT Evaluation (High Complexity)

Comprehensive assessment for patients with multiple impairments, significant functional limitations, or complex rehabilitation needs.

97164 – Physical Therapy Re-Evaluation

Performed when the patient's condition changes significantly or when the treatment plan requires modification.

Common Treatment Codes

97110 – Therapeutic Exercise

Strengthening, endurance, flexibility, balance, and mobility exercises designed to restore functional movement.



97112 – Neuromuscular Re-Education

Improves balance, coordination, posture, gait, proprioception, motor control, and movement quality.

97530 – Therapeutic Activities

Functional movement training including lifting, carrying, reaching, bending, transfers, stair negotiation, and activities of daily living.

97116 – Gait Training

Training designed to improve walking mechanics, assistive device use, stair navigation, and functional ambulation.

97113 – Aquatic Therapy

Therapeutic exercise performed in water to reduce joint stress while improving mobility and strength.

97140 – Manual Therapy

Joint mobilization, soft tissue mobilization, myofascial release, passive stretching, and trigger point treatment.

97150 – Group Therapy

Therapeutic interventions provided simultaneously to multiple patients with similar rehabilitation goals.

97750 – Physical Performance Testing

Objective performance measurements commonly used with:

- Athletes
- Military personnel
- First responders
- Workers' compensation patients
- Return-to-play programs
- Return-to-duty evaluations

Common ICD-10 Diagnoses





- M54.50 – Low Back Pain
- M25.561 – Knee Pain
- M25.511 – Shoulder Pain
- R26.2 – Difficulty Walking
- R26.81 – Unsteadiness on Feet
- R53.1 – Weakness
- G89.29 – Chronic Pain
- Z47.89 – Orthopedic Aftercare

PureWave Integration

PureWave can be incorporated before skilled therapy to promote relaxation and prepare patients for exercise or manual therapy, or after treatment to complement recovery as part of the overall rehabilitation session. The billable service remains the skilled physical therapy intervention, not the device itself.

OCCUPATIONAL THERAPY (OT)

Clinical Opportunity

Occupational Therapy focuses on helping patients regain the physical, cognitive, sensory, and motor skills necessary to perform meaningful daily activities. Whether recovering from surgery, stroke, neurological injury, orthopedic trauma, or chronic illness, Occupational Therapists work to restore independence and improve quality of life.

PureWave integrates naturally into Occupational Therapy by helping prepare patients for skilled interventions, supporting relaxation and comfort, and complementing functional rehabilitation programs. When used appropriately within a provider-directed treatment plan, PureWave can enhance the therapeutic experience while the therapist bills for medically necessary occupational therapy services.

Commonly Billed CPT Codes

97165 – Occupational Therapy Evaluation (Low Complexity)

Evaluation of patients presenting with uncomplicated conditions requiring minimal clinical decision-making.

Typical Conditions



- Minor orthopedic injuries
- Hand injuries
- Mild neurological impairment
- Early post-operative rehabilitation

97166 – Occupational Therapy Evaluation (Moderate Complexity)

Evaluation requiring moderate clinical judgment for patients with multiple performance deficits.

Commonly performed for:

- Stroke recovery
- Parkinson's Disease
- Shoulder dysfunction
- Upper extremity rehabilitation
- Functional mobility impairments

97167 – Occupational Therapy Evaluation (High Complexity)

Comprehensive evaluation for patients with extensive medical history, significant performance limitations, or complex neurological conditions.

97168 – Occupational Therapy Re-Evaluation

Performed when the patient's condition changes significantly or modifications to the treatment plan are medically necessary.

97535 – Self-Care/Home Management Training

One of the highest-value OT treatment codes.

Focuses on restoring independence with activities such as:

- Dressing
- Bathing
- Grooming
- Toileting
- Meal preparation
- Medication management
- Home safety
- Adaptive equipment training



PureWave Integration

Patients may participate in a PureWave session before self-care training to improve comfort, reduce pain, and prepare for functional activities.

97530 – Therapeutic Activities

Dynamic activities designed to improve:

- Functional reaching
- Carrying
- Lifting
- Standing tolerance
- Work simulation
- Household activities
- Fine motor coordination

97537 – Community / Work Reintegration

Addresses:

- Return to work
- Community mobility
- Shopping
- Public transportation
- Functional independence
- Vocational rehabilitation

97112 – Neuromuscular Re-Education

Restoration of:

- Fine motor control
- Upper extremity coordination
- Postural control
- Balance
- Motor planning
- Functional movement

97110 – Therapeutic Exercise



Exercises targeting:

- Strength
- Endurance
- Range of Motion
- Upper extremity rehabilitation
- Grip strength
- Functional conditioning

97760 – Orthotic Management & Training

Initial orthotic fitting and patient education.

97761 – Prosthetic Training

Training related to prosthetic use.

97763 – Orthotic/Prosthetic Management Follow-Up

Adjustment and continued patient education.

Common ICD-10 Diagnoses

- I63.xx – Cerebral Infarction (Stroke)
- G20 – Parkinson's Disease
- G35 – Multiple Sclerosis
- M25.511 – Shoulder Pain
- M25.531 – Wrist Pain
- S62.xx – Hand Fractures
- R53.1 – Weakness
- R27.8 – Lack of Coordination
- Z47.xx – Orthopedic Aftercare

PureWave Integration

PureWave may be incorporated prior to functional task training, upper extremity rehabilitation, or fine motor exercises to help prepare patients for therapy sessions and complement the overall rehabilitation process.

Business Opportunity



Occupational therapy practices serving neurological, orthopedic, and geriatric populations can utilize PureWave to elevate the patient experience while continuing to bill for medically necessary occupational therapy services already recognized by commercial insurers and Medicare when coverage requirements are met.

SPORTS MEDICINE & PERFORMANCE

Clinical Opportunity

Sports Medicine providers specialize in helping athletes and active individuals prevent injuries, recover from surgery, optimize performance, and safely return to activity. These practices often combine rehabilitation, manual therapy, therapeutic exercise, performance testing, recovery protocols, and injury prevention.

PureWave naturally complements this model by providing an advanced recovery experience that supports patient preparation, post-treatment recovery, and overall performance optimization.

Commonly Billed CPT Codes

99202–99215 – Evaluation & Management

New and established patient visits for evaluation, diagnosis, treatment planning, follow-up care, and performance consultations.

97110 – Therapeutic Exercise

Used to improve:

- Strength
- Endurance
- Flexibility
- Mobility
- Sport-specific conditioning

97112 – Neuromuscular Re-Education

Frequently utilized following:

- ACL reconstruction
- Rotator cuff repair

- Concussions
- Ankle instability
- Balance deficits

97530 – Therapeutic Activities

Sport-specific movement patterns including:

- Agility drills
- Functional lifting
- Jump mechanics
- Landing mechanics
- Rotational movements
- Return-to-play progression

97140 – Manual Therapy

Includes:

- Soft tissue mobilization
- Joint mobilization
- Myofascial release
- Trigger point therapy
- Instrument-assisted soft tissue mobilization (IASTM)

97750 – Physical Performance Testing

Objective testing for:

- Strength
- Power
- Balance
- Functional movement
- Return-to-play readiness
- Return-to-duty evaluations

Frequently utilized by:

- Professional Sports Teams
- NCAA Athletics
- Military Performance Centers
- Tactical Athletes



- First Responders

97755 – Assistive Technology Assessment

May be applicable in specialized sports rehabilitation or adaptive athlete programs.

97760–97763 – Orthotic Management

Training and fitting for braces, supports, and orthotic devices used during rehabilitation.

Common Athletic Diagnoses

- ACL Reconstruction
- Meniscus Tears
- Rotator Cuff Injuries
- Labral Tears
- Shoulder Instability
- Hamstring Strains
- Achilles Tendinopathy
- Plantar Fasciitis
- Patellar Tendinitis
- Stress Fractures
- Concussions
- Muscle Fatigue
- Overtraining Syndrome

PureWave Integration

PureWave may be incorporated:

- Before warm-up sessions
- Prior to manual therapy
- Following rehabilitation exercises
- During recovery days
- Between competition events
- During return-to-play progression
- As part of athlete wellness programs

Business Opportunity



Sports medicine facilities, performance centers, universities, professional teams, and military performance programs can leverage PureWave as a premium recovery solution that enhances patient and athlete satisfaction while complementing existing reimbursable rehabilitation services.

Typical Clinical Workflow

Athlete Evaluation



Movement Assessment



PureWave Recovery Session



Manual Therapy



Therapeutic Exercise



Neuromuscular Re-Education



Performance Testing



Return-to-Play Progression



Home Recovery Program

PAIN MANAGEMENT



Clinical Opportunity

Pain Management practices focus on evaluating, treating, and managing acute and chronic pain conditions that significantly impact a patient's quality of life and functional abilities. Patients often present after orthopedic injuries, surgery, motor vehicle accidents, workplace injuries, chronic degenerative conditions, or neurological disorders.

PureWave integrates exceptionally well into multidisciplinary pain management by serving as an adjunctive recovery technology that complements physician-directed treatment plans. It can be incorporated before manual interventions, rehabilitation exercises, injections, or patient education sessions to support comfort, relaxation, circulation, and overall patient experience.

PureWave is **not the billable service**. Rather, it supports the delivery of medically necessary professional services that providers are already reimbursed for when appropriately documented.

Commonly Billed CPT Codes

99202–99205 – New Patient Evaluation & Management

Comprehensive physician evaluations used to establish diagnosis, review imaging, develop treatment plans, and determine medical necessity.

Common Conditions

- Chronic Low Back Pain
- Cervical Pain
- Sciatica
- Neuropathy
- Fibromyalgia
- Arthritis
- Complex Regional Pain Syndrome (CRPS)
- Post-Surgical Pain

99212–99215 – Established Patient Visits

Follow-up evaluations used to monitor progress, adjust medications, review treatment effectiveness, and modify rehabilitation plans.

20552 – Trigger Point Injection (1–2 Muscles)

Treatment of painful muscular trigger points.

Commonly performed for:

- Cervical pain
- Lumbar pain
- Myofascial pain syndrome
- Shoulder dysfunction

20553 – Trigger Point Injection (3 or More Muscles)

Utilized for more extensive muscular dysfunction involving multiple muscle groups.

20610 – Major Joint Injection

Injection of:

- Shoulder
- Knee
- Hip

Often used for osteoarthritis, bursitis, and inflammatory joint conditions.

20611 – Ultrasound Guided Joint Injection

Performed with ultrasound guidance for increased procedural accuracy.

97110 – Therapeutic Exercise

Exercises designed to restore strength, flexibility, endurance, and functional mobility while reducing pain-related movement dysfunction.

97112 – Neuromuscular Re-Education

Used to restore balance, coordination, proprioception, and movement control following injury or chronic pain.

97140 – Manual Therapy

Includes:

- Soft tissue mobilization
- Joint mobilization
- Myofascial release
- Trigger point release
- Passive stretching



97530 – Therapeutic Activities

Functional movement training addressing:

- Standing
- Walking
- Stair climbing
- Lifting
- Carrying
- Occupational movements

97032 – Electrical Stimulation (Attended)

Provider-administered electrical stimulation requiring direct one-on-one supervision.

97035 – Therapeutic Ultrasound

Used to reduce inflammation, promote tissue healing, and improve soft tissue extensibility.

Common ICD-10 Diagnoses

- M54.2 – Cervicalgia
- M54.50 – Low Back Pain
- M54.16 – Lumbar Radiculopathy
- G89.29 – Other Chronic Pain
- M79.18 – Myalgia
- M25.511 – Right Shoulder Pain
- M25.561 – Right Knee Pain
- M79.7 – Fibromyalgia
- G62.9 – Peripheral Neuropathy
- R52 – Pain, Unspecified

PureWave Clinical Integration

Patients may receive a supervised PureWave recovery session before therapeutic exercise or manual therapy to promote relaxation and reduce muscular guarding. Following physician-directed interventions, PureWave may also be incorporated to complement recovery and improve the overall patient experience.

Typical Clinical Workflow



Initial Evaluation



Medical Imaging Review



PureWave Recovery Session



Physician Consultation



Trigger Point Therapy / Joint Injection (when indicated)



Manual Therapy



Therapeutic Exercise



Neuromuscular Re-Education



Patient Education



Follow-Up Care

Business Opportunity

Pain management practices often seek technologies that improve patient satisfaction while integrating seamlessly into existing treatment workflows. PureWave supports a premium patient experience, reinforces multidisciplinary care, and complements reimbursable physician and therapy services without replacing them.



FUNCTIONAL & INTEGRATIVE MEDICINE

Clinical Opportunity

Functional and Integrative Medicine providers emphasize identifying and addressing the underlying causes of chronic illness through comprehensive lifestyle, nutritional, metabolic, and physiological assessment. These practices often blend conventional medicine with evidence-informed complementary therapies.

While many Functional Medicine practices operate partially or entirely on a cash-pay basis, physicians frequently bill Evaluation & Management (E/M) services, preventive counseling, chronic care management, and care coordination codes for covered medical services. PureWave can be integrated as an adjunctive wellness and recovery technology within a broader physician-directed plan of care.

Commonly Billed CPT Codes

99202–99205 – New Patient Office Visits

Comprehensive new patient evaluations addressing:

- Medical history
- Lifestyle assessment
- Nutrition
- Hormonal health
- Chronic disease
- Functional laboratory review

99212–99215 – Established Patient Office Visits

Follow-up visits focused on treatment progression, medication management, laboratory review, and care planning.

99401–99404 – Preventive Medicine Counseling

Individual preventive counseling addressing:

- Nutrition
- Weight management
- Exercise
- Lifestyle modification



- Disease prevention

99490 – Chronic Care Management (CCM)

Monthly management of patients with two or more chronic conditions requiring ongoing clinical oversight.

99439 – Additional CCM Time

Additional care management services beyond the base CCM time.

99487 – Complex Chronic Care Management

Comprehensive management for patients with multiple chronic illnesses requiring extensive coordination.

99489 – Additional Complex CCM Time

Additional care management beyond the initial complex CCM service.

99491 – CCM by Physician/QHP

Physician-directed chronic care management services.

98975 – Remote Therapeutic Monitoring Setup

Initial patient education and setup for qualifying RTM services when all CMS requirements are satisfied.

98977 – RTM Device Supply (Musculoskeletal)

Monthly device supply for qualifying musculoskeletal therapeutic monitoring when supported by technology capabilities and payer requirements.

98980 / 98981 – RTM Treatment Management

Clinical treatment management based on therapeutic monitoring data, when RTM program requirements are fully met.

Common Clinical Conditions



- Chronic Fatigue
- Metabolic Syndrome
- Autoimmune Disorders
- Fibromyalgia
- Hormonal Imbalances
- Long COVID Recovery
- Sleep Dysfunction
- Chronic Inflammation
- Stress-Related Disorders

PureWave Clinical Integration

PureWave may be incorporated as part of physician-directed wellness, recovery, stress management, and lifestyle optimization programs while covered medical services continue to be billed under the applicable E/M, preventive counseling, or chronic care management codes.

Business Opportunity

Functional Medicine practices frequently differentiate themselves through advanced technologies and personalized patient experiences. PureWave complements this model by providing a premium recovery experience that supports patient engagement, wellness programming, and long-term care relationships.

Typical Patient Workflow

Comprehensive Medical Evaluation



Functional Laboratory Review



Lifestyle & Nutrition Assessment



PureWave Recovery Session



Preventive Counseling



Treatment Planning



Chronic Care Management



Follow-Up Visits



Long-Term Wellness Program

DOCUMENTATION REQUIREMENTS

Every visit should clearly document:

Chief Complaint

Medical Necessity

Objective Findings

Functional Deficits

Treatment Goals

Patient Response

Progress

Plan of Care

Time Spent

Therapies Delivered

ADDICTION RECOVERY



Clinical Opportunity

Substance Use Disorder (SUD) treatment programs are increasingly recognizing the importance of treating the whole person—not just the addiction. Long-term recovery depends on supporting the nervous system, improving sleep quality, reducing stress, managing chronic pain, and helping patients develop healthy coping mechanisms throughout every phase of treatment.

PureWave provides an innovative adjunctive technology that may be incorporated into comprehensive recovery programs to support patient relaxation, promote autonomic nervous system regulation, encourage restorative recovery, and improve the overall patient experience.

While PureWave itself is **not billed separately**, it can become an integral component of physician-directed and clinician-supervised treatment plans that include behavioral health services, counseling, psychotherapy, medication-assisted treatment (MAT), and rehabilitation programs.

This represents one of PureWave's most exciting opportunities, as addiction recovery organizations continually seek evidence-informed technologies that improve patient engagement, treatment retention, and overall wellness.

Clinical Applications

PureWave may support patients experiencing:

- Opioid Recovery
- Alcohol Recovery
- Substance Use Disorders
- Medication-Assisted Treatment (MAT)
- Anxiety During Early Recovery
- Sleep Disturbances
- Chronic Pain
- PTSD
- Depression
- Stress Dysregulation
- Autonomic Nervous System Dysfunction
- Cravings Management Support
- Emotional Regulation
- Post-Acute Withdrawal Syndrome (PAWS)
- Trauma Recovery Programs

Commonly Billed CPT & HCPCS Codes



90791 – Psychiatric Diagnostic Evaluation

Comprehensive behavioral health assessment performed at the beginning of treatment.

Typically includes:

- Mental health evaluation
- Substance use history
- Medical history
- Risk assessment
- Treatment planning
- Recovery goals

PureWave may be introduced following the initial evaluation as part of the patient's comprehensive recovery plan.

90792 – Psychiatric Diagnostic Evaluation with Medical Services

Performed by psychiatrists and qualified medical providers when medication management is included.

90832 – Individual Psychotherapy (30 Minutes)

Focused counseling sessions addressing:

- Relapse prevention
- Emotional regulation
- Trauma
- Recovery strategies

90834 – Individual Psychotherapy (45 Minutes)

One of the most commonly billed behavioral health services.

90837 – Individual Psychotherapy (60 Minutes)

Extended psychotherapy for patients requiring more intensive therapeutic intervention.

90846 – Family Psychotherapy (Without Patient)

Supports family education and recovery planning.



90847 – Family Psychotherapy (With Patient)

Frequently utilized during long-term recovery.

90853 – Group Psychotherapy

One of the most common services in addiction treatment.

Typical groups include:

- Relapse Prevention
- Coping Skills
- Mindfulness
- Trauma Recovery
- Stress Management
- Recovery Education

PureWave sessions may be scheduled before or after group programming as part of the patient's overall wellness schedule.

99408 – Alcohol & Substance Abuse Screening

Structured screening and brief intervention.

99409 – Alcohol & Substance Abuse Intervention

Extended intervention following screening.

H0001 – Alcohol and Drug Assessment

HCPCS assessment commonly utilized in behavioral health settings.

H0004 – Individual Counseling

Behavioral health counseling service.

H0005 – Group Counseling

Group treatment services.

H0015 – Intensive Outpatient Program (IOP)



One of the highest-volume codes utilized by addiction recovery organizations.

Patients often attend multiple sessions each week.

PureWave may be incorporated between clinical programming to support recovery and relaxation.

H2035 – Residential Treatment

Residential behavioral health services.

H2036 – Alcohol and Drug Treatment Program

Comprehensive recovery services.

G2086–G2088 – Medication Assisted Treatment (MAT)

Monthly bundled payments for comprehensive opioid treatment services provided under Medicare guidelines.

Common ICD-10 Diagnoses

- F10.xx Alcohol Use Disorder
- F11.xx Opioid Use Disorder
- F12.xx Cannabis Use Disorder
- F13.xx Sedative Use Disorder
- F14.xx Cocaine Use Disorder
- F15.xx Stimulant Use Disorder
- F19.xx Other Substance Use Disorder
- F41.1 Generalized Anxiety Disorder
- F32.xx Major Depressive Disorder
- F43.10 PTSD
- G47.00 Insomnia
- G89.29 Chronic Pain

PureWave Clinical Workflow

Patient Check-In





Clinical Assessment



PureWave Recovery Session



Individual Counseling



Group Therapy



Medication Management



Recovery Education



Discharge Planning

Business Opportunity

Recovery organizations compete on patient outcomes, patient experience, and long-term retention.

PureWave provides an opportunity to differentiate treatment programs by incorporating an innovative wellness technology that complements existing behavioral health services while supporting a calming, restorative treatment environment.

BEHAVIORAL HEALTH

Clinical Opportunity

Behavioral health professionals treat patients experiencing mental health disorders, emotional trauma, chronic stress, anxiety, depression, PTSD, and other psychological conditions that affect daily functioning.



Many providers are exploring complementary wellness technologies that support nervous system regulation and stress reduction as part of comprehensive treatment plans.

PureWave aligns naturally with this philosophy by serving as an adjunctive technology that promotes relaxation and complements evidence-based behavioral health services.

Clinical Applications

Patients experiencing:

- PTSD
- Anxiety Disorders
- Depression
- Panic Disorders
- Burnout
- Adjustment Disorders
- Chronic Stress
- Sleep Disorders
- Executive Burnout
- Compassion Fatigue
- First Responder Trauma
- Veteran Reintegration

Commonly Billed CPT Codes

90791

Behavioral Health Evaluation

90792

Psychiatric Evaluation with Medical Services

90832

30-Minute Psychotherapy

90834

45-Minute Psychotherapy



90837

60-Minute Psychotherapy

90839

Psychotherapy for Crisis (First 60 Minutes)

90840

Additional Crisis Therapy (Each Additional 30 Minutes)

90853

Group Therapy

96127

Brief Emotional or Behavioral Assessment

Common screening tools include:

- PHQ-9
- GAD-7
- Depression Screening
- Anxiety Screening

96130

Psychological Testing Evaluation Services

96131

Additional Psychological Testing Services

99484

Behavioral Health Care Management

Monthly behavioral health management services.



99492

Collaborative Care Management (Initial)

99493

Collaborative Care Management (Subsequent)

99494

Additional Collaborative Care Management Time

Common Diagnoses

- PTSD
- Generalized Anxiety Disorder
- Major Depressive Disorder
- Adjustment Disorder
- Insomnia
- Panic Disorder
- Stress Reaction
- Burnout Syndrome

PureWave Integration

Patients may participate in a PureWave session before psychotherapy, counseling, or behavioral interventions to promote relaxation and create an environment conducive to therapeutic engagement. Providers continue billing for the medically necessary behavioral health services they perform, while PureWave serves as a supportive adjunct within the overall care plan.

Typical Behavioral Health Workflow

Behavioral Assessment



Psychological Screening





PureWave Recovery Session



Individual Therapy



Group Therapy



Care Planning



Follow-Up



Long-Term Behavioral Health Management

Example SOAP Note

Subjective

Patient reports chronic lumbar pain rated 7/10 with difficulty standing longer than 15 minutes.

Objective

Restricted lumbar ROM.

Muscle guarding noted.

Poor balance.

Reduced proprioception.

Assessment

Patient demonstrates improvement potential through therapeutic exercise, neuromuscular reeducation, manual therapy, and recovery modalities integrated into the rehabilitation program.



Plan

97110 – Therapeutic Exercise

97112 – Neuromuscular Reeducation

97140 – Manual Therapy

Patient participated in a supervised PureWave recovery session as part of today's rehabilitation plan to support relaxation, circulation, and readiness for therapeutic interventions. The device was used as an adjunct to treatment and was **not billed separately**.

DOCUMENT CONTROL

This document is maintained as a controlled document within the PureWave Technologies Quality Management System.

All changes to this procedure must be reviewed and approved prior to implementation. Updates are made as part of continuous improvement and to maintain alignment with regulatory and operational requirements.

Version	Date	Description	Approved By
1.1	06/30/2026	Clinical Reimbursement Guide	Dr. Darius McDougle / CMOO

APPROVAL

Approved By: *Dr. Darius McDougle*

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Title: Chief Marketing & Operations Officer

Date: 06/30/2026